

PROGRAMME FOCUS AND ELEMENTS

- A programme for teachers, physical education staff and sports coaches around the world.
- Free resources online in multiple languages.
- Online learning and face-to-face training.
- Supports the teaching of enjoyable, safe and inclusive badminton activities.
- Suitable for 5-15 year old children including those with a physical or intellectual disability.
- Designed to provide children with a positive image of sport and to have fun, to engage with others, to experience success and to develop fundamental sports skills.



BWF

BWF

BADMINTON
WORLD
FEDERATION

www.bwfshuttletime.com
shuttletime@bwfbadminton.org

[bwfdevelopment.shuttletime](https://www.facebook.com/bwfdevelopment.shuttletime)

**SHUTTLE
TIME**

GIVING EVERY CHILD
A CHANCE TO PLAY FOR LIFE

RESOURCES AND COURSES

- **Teachers' Manual** – 10 modules that show how to plan and deliver badminton lessons.
- **22 Lessons Plans** – in four sections, beginning with 10 starter lessons for pupils with little or no badminton experience.
- **92 Video Clips** – instructional video clips which shows the activities in the Lesson Plans.
- **Mobile App** – all the above *Shuttle Time* resources in an easy-to-use app.
- **Implementation Guidelines** – for national federations to systematically implement *Shuttle Time* nationally.
- **Schools Kit** – 20 rackets, 36 shuttlecocks and 2 nets.



ONLINE COMPONENT

- Introduces users to badminton and *Shuttle Time*.
- Provides easy access to the theoretical aspects of the programme.
- Reduces the requirement for participants to attend a full one-day *Shuttle Time* course, through the provision of blended, online and face-to-face learning.
- Presents the content of *Shuttle Time* in a modern and interactive manner.

SHUTTLE TIME

130+ COUNTRIES INVOLVED, ACROSS 5 CONTINENTAL REGIONS



YOUTH LEADERS AWARD

- Allows 16-18 years old school students the opportunity gain experience in sports leadership and badminton through *Shuttle Time*.
- Provides students with the knowledge and support required to deliver badminton lessons to groups of school pupils.
- The duration of course is flexible and can be delivered in a variety of formats to suit the needs of schools, teachers and students.

UNIVERSITY COURSE

- Offer International Certification to trainee teaching students, while providing the knowledge and support required to deliver fun, safe, enjoyable and inclusive badminton lessons to groups of children aged 5-15.
- Covers both theory and practical work and is delivered in a modular format.
- The course is most suitable for university and college students undertaking teaching, physical education and sports related courses.
- The duration of course is flexible and can be delivered in a variety of formats to suit the needs of the university, lecturers and students.

